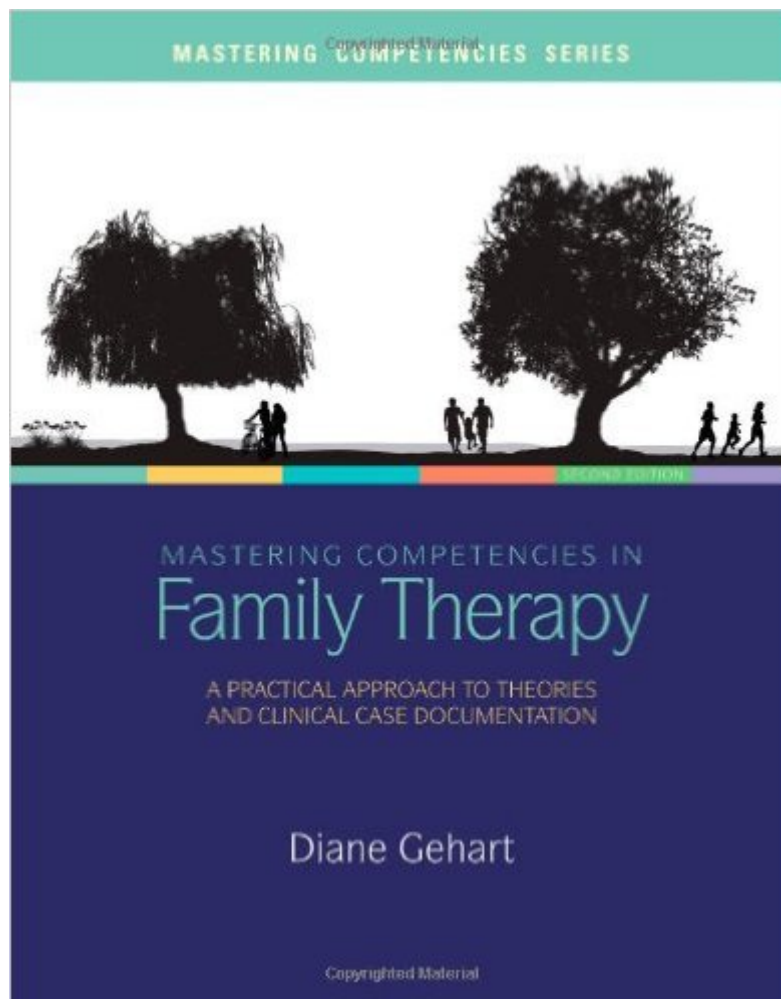


The book was found

# Mastering Competencies In Family Therapy: A Practical Approach To Theory And Clinical Case Documentation



## Synopsis

MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 2nd Edition provides a competency-based approach to teaching clinical skills in marriage and family therapy-an approach adopted by the American Association for Marriage and Family Therapy (AAMFT). Using a light and inviting tone, author Diane R. Gehart offers a comprehensive five-step model for competent treatment, which guides readers through case conceptualization, clinical assessment (diagnosis) and case management, treatment planning, evaluation of progress, and documentation. The book also includes an introduction to the importance of theory and evidence-based practice in all five steps, and a set of useful clinical forms that can be applied in practice environments. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## Book Information

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## Customer Reviews

I just received this text on Tuesday. Prior to this text--I was struggling with reading the cold, dense, lifeless texts of a test prep company. What a breath of relief, when I opened Diane Gehart's Mastering Competencies in Family Therapy. I had previewed it on 's "Look Inside" link, and was drawn to its layout and catchy headings. Also I heavily used her co-authored, easy to assimilate Theory-Based Treatment Planning For Marriage and Family Therapists to study for my master's program comprehensive exam so I expected her solo written book to be just as easy to navigate. (Actually it appears she had some help from content experts--like the section on ethics written by a

lawyer). I just completed chapters one to three--so I'll give you my review up to this point. Reading this book is like seeing the model of our beliefs as system/relationally thinking therapists applied in written form. It feels as if the text, the author is relating to me--I feel like I'm in a relationship with the author, and she really cares that I get this material. Her definition on negative vs. positive feedback pp. 39-40 is the most user friendly framing of the concept that I've seen and I like that she gives me a heads up--that those concepts can be tricky. She also makes these little comments in parenthesis for example on p. 12 in commenting about libraries she says, "Oh I forgot, no one steps foot in these places anymore; I meant 'surf' the library's web page while still in your bunny slippers." See--Gehart is talking to the reader and building rapport from a book--so cool! Gehart's headings for each model are framed in a down-to-earth, conversational manner.

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